

SNACKS

BEACH BAR

SNACKS



NIBBLES

MIX DE FRUTOS SECOS
DRIED FRUITS AND NUTS
2,00€

COCKTAIL DE AZEITONAS
MIXED OLIVES
1,50€

TREMOÇOS
LUPIN BEANS
1,50€

NACHOS COM GUACAMOLE
NACHOS WITH GUACAMOLE DIP
4,00€

NACHOS COM HÚMUS
NACHOS WITH HUMMUS
4,00€

EMPANADAS



EMPANADAS

EMPANADA DE FRANGO
CHICKEN EMPANADA
4,00€

EMPANADA DE CARNE
MEAT EMPANADA
4,00€

EMPANADA DE ATUM
TUNA EMPANADA
4,00€

EMPANADA CAPRESE
CAPRESE EMPANADA
4,00€

SALADAS



SALADS

SALADA CÉSAR

ALFACE ROMANA | ALFACE ICEBERG | MOLHO CESAR |
TOMATE CHERRY | CUBOS DE FRANGO | PARMESÃO E CROUTONS

CAESER SALAD

ROMAINE LETTUCE | ICEBERG LETTUCE | CAESAR SAUCE | CHERRY TOMATOES |
BREAST CHICKEN CUBES | PARMESAN AND CROUTONS

7,00€

SALAD TOFU

ALFACE ROMANA E ICEBERG | QUINOA | TOFU |
SEMENTES DE ABÓBORA | PICKLE DE RABANETE E BETERRABA

TOFU SALAD

ROMAINE SALAD | ICEBERG SALAD | QUINOA | TOFU |
PUMPKIN SEEDS | HORSERADISH AND BEETS PICKLES

7,00€

SNACKS

BEACH BAR

SANDUÍCHES



SANDWICHES

TOSTA DE ABACATE

PÃO RÚSTICO | TOMATE | RÚCULA | ABACATE | GUACAMOLE E MOZZARELLA

AVOCADO TOAST

RUSTIC BREAD | TOMATO | ARUGULA | AVOCADO | GUACAMOLE AND MOZZARELLA

6,00€

BAGEL DE SALMÃO

BAGEL | CRÈME FRAÎCHE | RÚCULA | SALMÃO FUMADO E MAIONESE WASABI

SALMON BAGEL

BAGEL | CRÈME FRAÎCHE | ARUGULA | SMOKED SALMON AND WASABI MAYONNAISE

7,00€

BAGUETE ATUM

PÃO BAGUETE | ALFACE ROMANA | TOMATE | ATUM | MAIONESE E OVO

TUNA BAGUETTE

BAGUETTE BREAD | ROMAINE LETTUCE | TOMATO | TUNA | MAYONNAISE AND EGG

6,00€

BAGUETE DE FRANGO

PÃO BAGUETE | ALFACE ROMANA | TOMATE | PEITO DE FRANGO E MAIONESE DE TRUFA

CHICKEN BAGUETTE

BAGUETTE BREAD | ROMAINE LETTUCE | TOMATO | CHICKEN BREAST AND TRUFFLE MAYONNAISE

6,00€

TOSTA MISTA EM PÃO SALOIO

RUSTIC BREAD CHEESE AND HAM TOASTIE

4,00€

PÃO COM CHOURIÇO

BREAD WITH CHOURIZO

3,50€

PÃO COM LEITÃO

SUCKLING PIG SANDWICHE

4,50€

DOCES



SWEETS

TRANÇA DE CHOCOLATE

CHOCOLATE CAKE

2,50€

BOLA DE BERLIM

CREAM FILLED DOUGHNUTS

2,50€

PASTEL DE NATA

2,00€

AÇAÍ



AÇAÍ

AÇAÍ BOWL COM BANANA, MORANGOS E GRANOLA

AÇAÍ BOWL WITH BANANA, STRAWBERRIES AND GRANOLA

7,00€

*EXTRAS AVAILABLE: PEANUT BUTTER OR HONEY OR FRUIT : 1,00€ EACH

*EXTRAS DISPONÍVEIS: MANTEIGA DE AMENDOIM OU MEL OU FRUTA: 1,00€ CADA